

BULLETIN 2

Tentative instructions, final instructions in competition centre notice board.

The Finnish Long Distance Orienteering Championships will be held in Ylijärvi village in Ylämaa, Lappeenranta, September 3-4, 2022. The competition also serves as a World Ranking Event (WRE).

The competition is organized by Luumäen Rasti ry and Ylämaan Pyrkijät ry.

Competition rules

This event follows the rules of the Finnish Orienteering Federation, the IOF guidelines for World Ranking Events, the special rules for the Finnish Championships issued for 2022, and the instructions given by the organisers.

Main officials

Event director: Juha Inkilä, 0400 896164 juha.inkila@luumaenenergia.fi

Event vice director: Vesa Tielinen, 040-1284090

Result service: Panu Karhu

Media: Anni Inkilä

Information: Anni Simola

Course layers: Vesa Tielinen

Technical advisor ja WRE-controller: Johan Uusimäki

Course controller: Pekka Pulkkinen (Joutsenon Kullervo)

Jury:

Chair person: Reijo Mattinen (Joutsenon Kullervo)

Member: Kalle Manninen (Anttolan Urheilijat)

Member: Anni Väyrynen (Kymin Suunnistajat)

Competition Centre

The competition centre is located in Ylijärvi village, Ylämaa, Lappeenranta. At the centre, space has been reserved for the club tents. In addition to the competition functions, the competition center has canteen and café services as well as sales points.

Overnight stay at the competition center is prohibited.

Signposting to the competition center

One must follow the signage set by organizers when arriving and leaving the competition centre. The signage begins at the intersection of Vaalimaantie (road number 387) and Ylijärventie (road number 14748). The address of the beginning of the signposting is Ylijärventie 1, Lappeenranta.

The signs will be in place no later than Friday September 2, 2022 from 9 PM onwards. Driving time from the start of the signposting to the competition center is ~10 min.

Parking

Parking is arranged in the immediate vicinity of the competition center as field parking. The parking fee is 5 €/day/car. The parking fee can be paid at the information either in cash or by card. Parking tickets will be checked throughout the event when leaving the area. Unpaid fees will be charged double.

If you plan to arrive by bus, caravan or motorhome, advance notice must be given to: Anni Simola, simola.anni@hotmail.com or 050 4994092.

Info desk

The information desk opening hours are from 8 am to 5 pm both on Saturday and Sunday. The services include among others:

- Emit changes
- Emit rental
- parking tickets
- restaurant tickets
- lost & found
- Open orienteering: Sign up and payment

Terrain

The competition terrain is a uniform area typical of south Karelia's forest terrain. The hills in the area are partly rocky. Runnability is good in most part of the terrain. The largest elevation differences are 50 meters. The competition map is the first orienteering map compiled of the area.

Map

The scale of the competition map is 1:15'000 for classes H/D15-20, M/W21, 1:10'000 for classes H/D35-50 and 1:7'500 for classes H/D55-85. The contour interval is 5 m for all classes. The map is made by Janne Weckman. The map is offset printed (CMYK) and the map also describes outcrop. The map is printed in August 2022. The maps are in size A3 and are available in plastic cases.

Forbidden zones

Out-of-bounds areas are indicated with purple criss-cross stripes on the competition map. A continuous line on the edge of an out-of-bounds area on the map means that there is also a continuous white tape in the terrain. All private yards are also forbidden to enter. Any reports of violations must be submitted to the information in writing no later than 15 minutes after the end of each competition class.

Warm up

Competitors in the WRE classes have a possibility to warm up in the quarantine area both on Saturday and Sunday.

Start and quarantine

The first start is at 10:00 on Saturday. Sunday's A- and B-finals start at 10:00. A quarantine area is used only for the WRE classes M/W21 (qualification and A-finals). The quarantine area closes at 11:00 on Saturday and 11:30 on Sunday.

Clothing and equipment transport is provided only for the M21 and W21 classes after closing of the quarantine area.

It is forbidden to use mobile phones and other communication equipment in the quarantine area and during the competition.

There is a rain shelter in the quarantine area.

NB! In classes M/W21 map buckets have mark M/W21, but maps have coding H/D21.

Start lists will be published in competition web site

<https://smpitka2022.fi/lahtolistat-startlistor-starting-lists/>. NB! In start lists M21 = H21 and W21 = D21

Number bibs

Number bibs are used for all classes and they are available at the start. Bring your own safety pins. B-finalists use the same number bib as on Saturday. A-finalists get a new number bib at the start on Sunday.

GPS

The use of GPS trackers provided by the organizers during the performance is mandatory for competitors assigned by the organizer. GPS devices will be used by all competitors in the H21 and D21 finals on Sunday.

Vests for GPS devices are distributed in the quarantine area, GPS devices given by the organizer in the starting line.

Control descriptions

Control descriptions are printed on the map. Separate control descriptions (size 5cmx18cm M21, 5cmx13cm W21) are available at the starting line. There are no control description holders available. In classes M/W21 control descriptions have coding H/D21.

Punching system

The Emit punching system is used. Check that your Emit card number corresponds to the one on the start list. Also make sure that your Emit card works at the test control at the competition center. An incorrect Emit number or a non-working Emit card must be changed at the info. It is the competitor's own responsibility to verify the card's operability and correct number. If a contestant uses an Emit card other than the one notified to the organizers, the performance will be disqualified (Sport regulations, section 11.518).

Emit card number changes can be informed to timo.kokko@kokkens.fi until Friday 2.9. 8 PM. After that, card number changes have to be made at the info desk for a fee of 5 € / change. Note that all changes have to be made before moving to the start since no Emit number changes can be made in the start area.

Rental Emit cards are available from the event organiser at the Information, fee is 10 € per day. If the rental Emit card is not returned after the competition, 80 € will be charged.

Emit card control slips are available on both days at the start area. According to the regulations, only the use of Emit cards in their original condition is allowed.

Using a modified card or a card that has been tampered with will result in disqualification. Do not use a card in which the battery has been replaced!

Clothing and orienteering shoes

Spiked shoes are forbidden in the competition, but shoes with studs are permitted.

Classes, distances and start locations

Qualification Saturday 3.9.2022, Start 2 (distance from the competition center 1.5 km, white signage).

Class	Distance	To the A-final
M21K1	9.20 km	17
M21K2	9.29 km	17
M21K3	9.31 km	17
W21K1	6.63 km	25
W21K2	6.54 km	25
H20K	6.95 km	all who successfully completed the qualification
H18K1	6.02 km	25
H18K2	6.03 km	25
H16K	5.0 km	all who successfully completed the qualification
H15K	4.55 km	all who successfully completed the qualification
D20K	5.36 km	all who successfully completed the qualification
D18K1	4.79 km	25
D18K2	4.89 km	25
D16K	4.37 km	all who successfully completed the qualification
D15K	3.98 km	all who successfully completed the qualification

Qualification Saturday 3.9.2022, Start 1 (distance from the competition center 2.0 km, white signage).

Class	Distance	To the A-final
H35K	7.07 km	all who successfully completed the qualification
H40K1	6.68 km	all who successfully completed the qualification
H45K1	6.21 km	25
H45K2	6.32 km	25
H50K1	5.37 km	25
H50K2	5.39 km	25
H55K1	4.98 km	25
H55K2	4.95 km	25
H60K1	4.53 km	all who successfully completed the qualification
H60K2	4.52 km	25
H65K1	4.28 km	25
H65K2	4.23 km	25

H70K1	3.51 km	all who successfully completed the qualification
H75K1	2.89 km	all who successfully completed the qualification

Final Sunday 4.9.2022, Start 1 (distance from the competition center 2.0 km, white signage).

Class	Distance	Total climb	Controls	Entries
M21	16.36 km	530m	21	163
W21	11.51 km	370m	18	80
H20	11.77 km	365m		
H18	9.76 km	320m		
H16	7.70 km	200m		
H15	6.52 km	180m		
D20	8.24 km	230m		
D18	7.52 km	220m		
D16	6.65 km	180m		
D15	5.43 km	130m		
M21B1	12.13 km			
M21B2	9.74 km			
M21B3	8.34 km			
W21B	7.91 km			
H18B	6.96 km			
D18B	5.08 km			

Final Sunday 4.9.2022, Start 2 (distance from the competition center 1.5 km, white signage).

Class	Distance
H35	11.96 km
H40	11.27 km
H45	10.69 km
H50	8.54 km
H55	7.88 km
H60	7.15 km
H65	6.70 km
H70	5.62 km
H75	4.82 km
H80	3.76 km
H85	3.12 km
D35	7.79 km
D40	7.32 km
D45	6.83 km
D50	6.39 km
D55	5.64 km
D60	5.03 km
D65	4.54 km
D70	3.85 km
D75	3.05 km
D80	2.65 km
D85	2.65 km

H45B	7.21 km
H50B	6.26 km
H55B	5.01 km
H65B	4.15 km

Competitors qualified for the A-finals will start in the reverse order so that the winners of the qualification will start last. Competitors not qualified for the A-finals will start in the B-finals so that the best competitors not qualified will start last. Competitors not qualified for the M21 A-final will be divided into three B-final start groups with equal number of starter in each group. The fastest in the qualifying event will be grouped into the first B-final start. Competitors disqualified, not finishing or not starting in the qualification will start at the beginning of the third start group.

For the classes where no B-final is organized (H20, H16, H15, D20, D16, D15, H35 and H40), the competitors disqualified, not finishing or not starting in the qualification event are given the possibility to participate in the open orienteering on Sunday. These competitors will receive a pass for the open orienteering from the info desk.

Refreshments and first aid points

There are drink controls in the places marked on the map.

Drinks will be available for the final on Sunday in the classes H15-H75 and D15-D60. On Saturday, drinks are available only for the M21 class. First aid points are marked on the map, there is one first aid point in the terrain on Saturday and Sunday. The competition center also has a first aid post.

Map exchange

In the finals for the M21 and W21 classes, there is a map exchange at the competition center where there also will be drink control. You can bring your own drink.

Finish

At finish there is control point where need to stamp. Potential unclarities are handled in wailing wall during the emit check-out.

On Saturday, all maps are collected after the finish in plastic bags which are named by orienteering clubs. On Sunday, the maps are collected until 13:15. The finish closes at 16:00 on both days.

The protests must be hand in to jury in writing according to the IOF rules no later than 30/60 minutes after the technical closure of the competition.

Not finishing

Competitors not finishing the course must present themselves at the Finish.

Map retrieval

On both Saturday and Sunday, one representative of each orienteering club can retrieve competition maps from the finish starting 13:15.

Dressing, shower and toilets

Both women's and men's washrooms are in the vicinity of the competition center. Signage from the guidepole. There are no separate changing rooms. There are toilets at the competition center and at the starting points.

Awards

Prizes are awarded to the top three in all Finnish Championship classes. The positions 4-10 in classes H/D 15-20 and M/W21 and 4-6 in classes H/D 35-70 are rewarded with a plaque. All prizes are awarded after the conclusion of each class. In addition, good honorary awards are awarded for the top three in each class.

Photography and filming during the competition

Photographers and imaging equipment will record the atmosphere of the competition at the competition center and in the terrain. By arriving to the competition area you accept that you may be photographed and that images may be used in social media and other non-commercial purposes.

Open orienteering

On Sunday, an open orienteering is organized and it is possible to start between 12:00 and 13:00. The fee 10 € is paid at the info desk. Courses: A 6.86 km, B 4.57 km and C 2.76 km. The start is located 1.5 km from the race center and is at start 2, signage. See the specific instructions for open orienteering.

Babysitting

Babysitting is available in the competition centre both days. Registration in advance by 1.9.2022 via email [anni.inkila\(at\)gmail.com](mailto:anni.inkila@gmail.com). Information needed:

- Name and age of the child
- When the child is brought and collected

Lunch and café

The competition center offers lunch and café services both days. Food tickets 11 € / portion can be purchased in advance at the info desk (cash / card). Please note that lunch cannot be paid directly where the lunch is served. Lunch is available both days from 11:00 to approximately 16:00. The food is lactose free.

Lost and found

During the competition, lost property is stored at the information desk. Information on found property will be available on the competition's website after the event. The lost property is stored for two weeks.

Good luck in the competition!

Luumäen Rasti ry and Ylämaan Pyrkijät ry